

IMMUNIZATIONS

Generally August is a time to consider "is your child ready for school?" And the first item on that list is "make sure your children have the necessary immunizations". However, at least three times in the last month, an adult (generally more than 60 years old) has called inquiring about treatment following an injury. Despite the severity of the injury, my first question has always been "when was your last tetanus shot?" Why? Because one vaccination when you were age 5 is not longer effective!

As we grow older we find we have both a decreased resistance to some illnesses as well as slowness in "bouncing back" from some illnesses, both physically as well as emotionally. So, what do we do about that? The easiest action is to increase our immunity. Check with your health care provider but in general terms you can:

- 1) Get the "shingles vaccine".
- 2) Get the pneumonia vaccine. There are 2 and should be received a year apart.
- 3) Get the tetanus shot if your last one was more than 10 years ago.
- 4) Get a flu shot.

If you don't remember when and which vaccines you've had, call your health care provider and talk to the clerk in the office; they can look up your records easily. Or check with the local health department. Or ask your parent. Some employers and some state health departments also are a resource. When in doubt, ask for a copy of the vaccination schedule from me.

Submitted by Jo Flanders



Youth Food Harvest "That's Fishy" August 21, 2016

Happy August Birthday!

Let's Pray Prayers of Joy for These People on Their Special Day!



08/02 Judy Holtmyer

08/03 Sue Beall

08/04 Stan Martin

08/26 Bill McQuain



If we missed your Birthday, please let us know.

A lunch honoring August Birthdays will be held at Jimmy's Egg at noon on Wednesday, August 17th. *Everyone is welcome.*
Please call or email me your plans to attend.
Venessa Abshire fpduncan@gmail.com or 580-255-5769.

We have been invited to:

"Break Bread Together"

This is a non-profit organization created for the purpose of providing a weekly free meal.

It will be served while school is in session starting September 6, 2016.

If you would like to donate your time or your financial support please contact:

Betty Davis, Ann Mints or
Danny Mints At (580) 255-8435

Please make checks payable to
FUM Church Duncan OK

Mail to:
Break Bread Together
P.O. Box 755
Duncan, OK 73534-9998

Happy Anniversary!

Les and Joyce Hallock

August 30, 1946



Celebrating 70 years!

**The Community Choir of Duncan
(and the surrounding area)
invites you to join them in concert!**

Rehearsals begin:

August 14, 21, 28- 3:00-5:00p.m.

September 11- 3:00-5:00p.m.

Sunday, September 18 Concert 6:00 p.m.

All rehearsals and concert will be held at:

**First United Methodist Church.
2300 Country Club Road Duncan.**

**All music and a listening CD will be provided.
Multiple rehearsals are schedule, please try to
attend as many as possible.**

**This choir is open to all so spread the word and
invite other singers to join us.**

Come join the community choir - see you there!



Prayer Corner

Let us keep our family and friends in our prayers:

Beverly Chalkboyer, Emily Ritter,

Charlotte Utley & Terry Evans.

Let us remember those unable to attend worship service:

Colleen Winn, Jack Munn, and

Beverly Moody



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Mordecai's words to Esther can be a powerful vision statement for us as the people of God. When we face difficulties in life, painful decisions, ethical dilemmas, our first thought should always be to wonder how might God be using us in that particular time and place.

Believing that God is provident, we believe that nothing in our lives happens by chance and nothing need happen in vain. Even our most painful seasons can be opportunities for positive outcomes if we will embrace them with the same kind of courage that Mordecai encouraged Esther to have.

And that courage is possible for us as the people of God because we know that God is in control. Recall Paul's powerful words from Romans 8, where the Apostle says that nothing - not famine or persecution, not peril or illness, not even death itself - can separate us from the love God has for us in Jesus Christ. One of the most wonderful assurances we can ever have as the people of God is His promise that when He chooses us, His choice is unimpeachable and irrevocable. When He makes us His own, we are His forever.

If you were to summarize the book of Esther with a brief subtitle, a good one might be: "God saves His people." And that is our confidence. In a world filled with pain and strife and a whole lot of darkness, the light of Christ has shined. The cross is empty and death has been conquered. Nothing can separate us from God. So we go forth in courage to live boldly and faithfully for God each day.

On the journey with you,

Mike

OFFICERS OF FIRST PRESBYTERIAN CHURCH

ELDERS

Class of 2016
Robin Caldwell
Sue Beall

Class of 2017
Joan Drake
Mike Grantham

Class of 2018
Joanne Flanders
Bennie Drake

DIACONATE

Class of 2016
Martha Coker
Chip Woods

Class of 2017
Nancy Grantham
Mike Stiel

Class of 2018
Margo Jones
Coy Elliot

Treasurer – Bill McQuain **Asst. Treasurer** – Jerry Fleming

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Assistant Treasurer
Jerry Fleming 252-9559

Secretary and Newsletter "Faith- At-Work"
Venessa Abshire 255-5769
email: fpcduncan@gmail.com



We will be celebrating the Lord's Supper on August 7, 2016 during the worship service.

DEADLINE FOR NEXT FAW ENTRY IS August 19, 2016



RETURN SERVICE REQUESTED

First Presbyterian Church
704 West Ash Ave.
Duncan, Oklahoma 73533-4646
580-255-5769
Website: www.fpcduncan.com



First Presbyterian Church
"FAITH - AT - WORK"

704 West Ash Avenue
Duncan, Oklahoma



Issue 8

August 2016

Dear Friends,

Is it possible that there exists a book in the Bible that never once mentions God's name? And is it possible that such a book could actually portray God's power in a most remarkable and unmistakable way? Perhaps you already know that I am talking about the Old Testament book of Esther.

Esther tells the story of young Jewish girl born into a community of dispersed Jews, who becomes queen of Persia and helps to stop an annihilation of her people. But the book of Esther is more than just the story of its eponymous heroine and her courageous deeds, rather it is both word of comfort and cautionary tale about God's care for His people. As a source of comfort, the book reminds God's people that He is more powerful than any earthly enemy and that His good will for His people will be always be done. As a word of warning, it cautions those who would seek to inflict evil upon God's children that He will not sit idly by. Put simply, the book of Esther is about God's ferocious love for His people.

According to one commentator, this message of God's deep and abiding love and His surpassing power was so obvious to the Nazis that they systematically removed the book of Esther from the bibles of their Jewish prisoners for fear that it might inspire an uprising. Similar stories have been told of the ways in which Esther has inspired and empowered God's people throughout the generations to persevere in the face of persecution and oppression.

On the surface, Esther is a story of courage, but in the background it is really a tale about God's providence and an invitation to His people to live into that providence with boldness and trust. When the king of Persia signs an edict calling for the elimination of all Jews in the kingdom, Esther is afraid to go and plead for her people for fear that the king might find out that she herself is Jewish. In reply, Esther's cousin Mordecai assures her that her royal standing will not save her if the king's decree is allowed to be carried out, but that perhaps she has been made queen "for such a time as this" (Est. 4:14). Perhaps she has been placed into a position of power (by God, who is never named but always assumed) precisely so that He might work through her to save His people.

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