

Dear Friends at First Presbyterian Church,

We are deeply grateful for your 2014 contributions supporting our ministry as mission co-workers of the Presbyterian Church (U.S.A.) in Bangladesh. Your generous gifts helped us meet the costs of our apartment rent, living allowance, health insurance, and other essential components of our basic missionary support.

In 2014, our missionary service led us into every-deepening relationships with our brothers and sisters in the Church of Bangladesh—a partner church of the PC(USA)—and with the sick and needy whom the church serves. We helped design a church-related community health and nutrition program for fifteen areas of the country, assisted the church's two mission hospitals, and trained and accompanied ministers and lay leaders in visiting the sick among their Muslim, Hindu, and Christian neighbors.

Our missionary experience this year deepened our conviction that a compassionate response to suffering is an essential part of proclaiming the gospel of Jesus Christ to the world. Thank you for making it possible for us to carry out this ministry in Bangladesh.

Your fellow servants,  
Drs. Leslie and Cynthia Morgan  
Presbyterian Church (U.S.A.)  
Mission Co-Workers, Bangladesh

### Thank You

First Presbyterian Church,

Thank you so very much for the kind donation of \$145.84. I truly appreciate your prayers and financial support! Please keep us in your daily prayers as we strive to make a dramatic change in the lives of the boys at Goodland. Thanks once again!

Yours In Christ,  
David L. Dearing  
President and CEO  
Goodland Academy



FPC is scheduled to prepare and serve dinner at "The Well" on Friday May 29, 2015. Our Schedule will be the same as previous dinners and the menu will be the same – spaghetti meat sauce, pasta, salad, garlic toast, drinks, and desserts.

We will be serving 350 people and we need your help. We will be busy in the church kitchen Tuesday May 26th through Friday May 29<sup>th</sup> preparing the spaghetti sauce, bread and salad. Help is needed in the kitchen Tuesday. Through Friday to prepare and make the sauce, bread, and prepare salad.

The servers should be at The Well by 5PM on Friday May 29<sup>th</sup> and will be through about 8PM.

Charlotte Utley is in charge of the desserts, and she will need lots of cakes and pies. Desserts can be delivered to The Well Friday before 3PM or to the FPC kitchen by noon Friday. A sign up sheet is available in the Northex for your signature. Contact Lonnie for scheduling or if you have questions.

Submitted by Lonnie McCain

## Happy Anniversary!

Kathy and Bruce Vineyard  
May 21, 2011

Scott and Nancy Postlethwaite  
May 23, 1975



If you would like to be a part of the FPC Duncan Prayer chain,



contact Gladys Taylor at  
255-8265.



A big **thank you** goes out to Cliff and Martha King for the gift of hand carved tablets of the Ten Commandments. Cliff brought new life to an old wooden plank and new beauty to the Disciples Class room by utilizing his great carving skills. The Ten Commandment carving is given in memory of Don Moody, a former member of that class.

If you have anything that you would like to share in F-A-W email it to [fpcduncan@gmail.com](mailto:fpcduncan@gmail.com), call Anna in the church office at 580-255-5769 or drop it by the church office. We have a mailbox set up in the copy room.



From the Editor

## Happy May Birthday!

Let's Pray Prayers of Joy for These People on Their Special Day!



5/2 Jim Barthell

5/19 Payten Ferguson



5/6 Elizabeth Pitts Hibbard

5/20 Kristy Garlock



5/11 Eloise Hofmann

5/29 Robert Johnson



5/15 Amy Elizabeth Kramer

If we missed your Birthday, please let us know.

A lunch honoring May Birthdays will be held at El Palacio at noon on Wednesday, May 20th. *Everyone is welcome.* Please call or email me your plans to attend and I'll contact the restaurant with our reservation each month. Thank you, Sally Telephone (580) 736-3910 or Email [salsroom.g@gmail.com](mailto:salsroom.g@gmail.com)



## National Women's Health Week

May is a month of many celebrations not the least of which is Mother's Day. The celebration called National Women's Health Week (May 10-16, 2015) is to draw awareness to women's health and includes Women's Checkup Day on May 11, 2015. Women, the program suggests improving your health by: 1) Visit a health care provider for regular checkups and preventive screenings; 2) Get active; 3) Eat healthy ; 4) Pay attention to mental health including getting enough sleep and managing stress; and 5) Avoid unhealthy behaviors, such as smoking, texting while driving and not wearing a seatbelt or bicycle helmet.

At the same time, the American Heart Association and the American Stroke Association have released new stroke prevention guidelines specifically for women. They include: 1) Taking blood pressure medicine if your numbers are high; 2) If you have migraines, stop smoking; and 3) If you're over 75, you should be screened for atrial fibrillation as it's been linked to higher stroke risk. In all cases, check with your health care provider for guidance.

Submitted by Jo Flanders

### PRAYER CORNER

Let us keep our family and friends in our prayers

Augusta Slagle, Ron Twelves, Pat & Colleen Winn, Mary Cearley,

Jim Barthell Jr., Emily Ritter, Stacey Soltysik, Fallis Beall, George Copland,

Shawna Hersfield-Wagner and Scotty Elliot



LET US REMEMBER THOSE UNABLE TO ATTEND

WORSHIP SERVICE

George Copland, Jack Munn,

Audrey Waggoner, Rachel Livingston

and Augusta Slagle

**OFFICERS OF FIRST PRESBYTERIAN CHURCH**

**ELDERS**

Class of 2015  
Pat Hale  
Bill McQuain

Class of 2016  
Robin Caldwell  
Sue Beall

Class of 2017  
Joan Drake  
Mike Grantham

**DIACONATE**

Class of 2015  
Chip Woods  
Charles Coker

Class of 2016  
Martha Coker  
Charlotte Utley

Class of 2017  
Nancy Grantham  
Mike Stiel

**Treasurer** – Bill McQuain      **Asst. Treasurer** – Jerry Fleming



We will be celebrating the Lord's Supper on **May 3, 2015** during the worship service.

**DEADLINE FOR NEXT FAW ENTRY IS  
May 22, 2015**



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**Secretary**  
Anna Adams 255-5769

**Treasurer**  
Bill McQuain 255-7863

**Assistant Treasurer**  
Jerry Fleming 252-9559

**Newsletter "Faith - At - Work"**  
Anna Adams 255-5769  
email: fpcduncan@gmail.com



*First Presbyterian Church*  
**"FAITH - AT - WORK"**



704 West Ash Avenue  
Duncan, Oklahoma

Issue 5

May 2015

**IHOP**



News flash- IHOP is a cafeteria. And it is located in Kansas City. If none of that rings true to you, consider that IHOP may be an acronym for something other than International House of Pancakes where we are indulged. My last, long ago visit to an IHOP was in Irving, Texas, where I ordered fruit stuffed pancakes, rolled up and covered in whipped cream and pecans. Health food at its best—well, fruit is healthy. Seeking more information about the church gatekeeping function while preparing for a sermon on Peter, the Rock of the church given the keys of leadership (Matthew 16:18) I "googled" gatekeeping. Up came this IHOP website pictured above. IHOP is an acronym for International House of Prayer located in Kansas City not far north of our city (in Texas geographical terms—the next city is often actually 3 hours away by car). IHOP is a cafeteria style ministry meaning participants can choose from about 18 ministries in addition to the worship services. An IHOP young person event recently drew 25,000. As I "shopped" amongst the 18 offerings online, I investigated areas of my interests—the arts, mission projects and outdoor sports. The events were both hands on and instructional.

Presbyterians are increasingly aware of our need to "branch out" in service to the communities in our ministry settings with varied worship and music styles, small group activities and "storefront churches." A blog commenting on the recent votes on the Book of Order overtures called the contemporary Presbyterians—cafeteria Presbyterians. Cafeteria Presbyterians, according the blogger, pick and choose from biblical standards to support their core values. IHOP teaches us a different way—to offer a variety of ministries suited to particular interests. If the mission statement of FPC-Duncan were to reflect the reality of our available ministries—what would our cafeteria menu include? Bible study? Divine worship? Small groups? Mission projects?

Getting back to my original topic of gatekeeping, the first servant leaders in the "house of the Lord" are mentioned in I Chronicles 9: 17-34. They were charged with literally keeping the tabernacle and temple keys. The term for gatekeeping functions has become a metaphor for leadership which is determinate, setting the values of the Body and how the core values are reflected in serving the larger community. A good example of gatekeepers in the PCUSA might be the Committee on Ministry and Session. Pray for these leaders of the PCUSA and its local expression here in Duncan. Pray for a wider vision of what FPC-Duncan, a congregation of the PCUSA is being called to be and to do.

The COM of Indian Nations Presbytery continues to labor with churches in transitions, churches experiencing conflict and schism and healthy congregations seeking to be effective witnesses to Jesus Christ. Please pray for your COM (of which I have become a member) and be thankful for the oversight your congregation has received during a season of transition. This congregation has been delivered to a healthier phase in its long life as a result of dedicated staff and volunteers of FPC and COM. We seem to be at a crossroads after a year of ministry together with financial challenges, ongoing building issues and members and friends just needing care and compassion.

Do we need to be a cafeteria for spiritual nourishment? What can you do to be supportive and reflective? Pray, study the scriptures, worship regularly and consider your financial commitment as well as time commitment. VBS is soon upon us—we need volunteer staffing. Choirs need singers and ringers always. Children and youth need more friends of Christ in this place. Invite people to your church who may not have a church home or have departed from church life. Invite Christ to live in your heart and be reflected daily as the "Light of the World." *-This little light of mine, I'm gonna let it shine....* **Rev. Kathy E. Vineyard**

RETURN SERVICE REQUESTED

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**First Presbyterian Church**